



Nevill Road Infant School

PSHE Curriculum Overview



	EYFS	Y1	Y2
Autumn 1 Being Me In My World	Self-identity	Feeling special and safe	Safe and fair learning environment
Autumn 2 Celebrating Difference	Being special	Similarities and differences	Celebrating difference and remaining friends
Spring 1 Dreams and Goals	Challenges & Perseverance	Identifying and overcoming obstacles	Group co-operation: Contributing to and sharing success
Spring 2 Healthy Me	Exercising bodies & Keeping clean	Linking health and happiness	Healthy eating and nutrition
Summer 1 Relationships	Family life & Being a good friend	Being a good friend to myself	Expressing appreciation for special relationships
Summer 2 Changing Me	Growth and change	Life cycles – animal and human	Life cycles in nature