#### **Autisk - Autism and Disability Support Group**

Various events and support from youth groups for SEND children to mother and toddler groups, sensory sessions and gaming and VR sessions.

<u>Autism: Manchester Art Gallery | Stockport Information and Childcare Directory (fsd.org.uk)</u>
Welcome to Open Doors - a creative workshop especially for children and adults with autism and other social communication issues, their families and carers. Once per month.

# <u>Autism and SEND Sessions at Bramhall Hall | Stockport Information and Childcare Directory (fsd.org.uk)</u>

If you would like to attend these sessions give them a call 0161 474 2020 or email katherine.murphy@stockport.gov.uk

# <u>Autism friendly sessions: Cheadle and Bredbury Library | Stockport Information and Childcare</u> Directory (fsd.org.uk)

Bredbury and Cheadle Library have monthly autism friendly session for children and young people with autism and their families

# <u>Autism Friendly Early Opening: National Football Museum | Stockport Information and Childcare Directory (fsd.org.uk)</u>

The National Football Museum will be opening its doors early for children with autism, their families, friends and carers once per month

# <u>Anchors Away: SEN/Disability only Sessions | Stockport Information and Childcare Directory (fsd.org.uk)</u>

Delivering SEN/Disability sessions

ARC: Agricultural & Rural Centre | Stockport Information and Childcare Directory (fsd.org.uk)
Saturday Young Farmers Club; School holidays club; Own a pony day; Parent and Toddler group.

# <u>Autistic Society Greater Manchester Area (ASGMA) | Stockport Information and Childcare Directory (fsd.org.uk)</u>

Aspirations deliver a number of activities including: Weekly evening activities, Laser Quest, Bowling, Cinema, Meals out, Youth Clubs: Evening and weekend, Take Away and DVD nights, Pub/ Social Nights, Football Team, Drop In Sessions: Daytime, evening and weekend, Holiday Activities have included: Alton Towers, Barge Trips, Chester Zoo, Day in the Lake District, short break holidays.

# National Autism Friendly Cinema Screenings | Dimensions (dimensions-uk.org) Special autism friendly cinema screenings

# CADS programme | Health and Wellbeing | Seashell (seashelltrust.org.uk)

Children and young people can try CADS activities during school holidays or more regularly as weekly evening sessions. We offer everything from football to swimming and climbing and art.

### Visit us - The Donkey Sanctuary Derbyshire | The Donkey Sanctuary

Our Donkeys and Staff offer animal assisted therapy to children and young people who have a range of additional needs and disabilities. We work with children who have: Autism, Physical or sensory impairment, Learning difficulties, Behavioural, Emotional and development needs.

## Wheels for All | Wheels for All — The UK inclusive cycling charity

Wheels for All is a nationally recognised programme that embraces all children and adults with disabilities and differing needs. Wythenshawe Wheeler and more.

#### Disability Cycling For Children And Adults | Supportability

Our Supportability Wheelers project offers weekly cycling opportunities throughout the year for disabled and able bodied adults, children & young People. The Project has a variety of adapted cycles to enable individuals of all abilities to experience and enjoy cycling.

# <u>Disability Football Training Sessions: Stockport County | Stockport Information and Childcare Directory (fsd.org.uk)</u>

Stockport County FC Community Foundation are running under 16's weekly disability football training sessions.

# <u>Disabled Swimming Sessions at Stockport Pools | Stockport Information and Childcare Directory</u> (fsd.org.uk)

Finding specialist swimming sessions for children with Special Educational Needs and disabilities can sometime be difficult. Here you'll find information about all disability swimming session in stockport.

#### Energi Trampoline Parks (energiparks.co.uk)

Fusion autism & sensory sessions

#### Gaming Sessions - Everyone Can

There is no compromising involved with our gaming service, with the high level of fun being enjoyed by disabled people and non-disabled people alike. Having activities that can be enjoyed by all is what our Everyone Can Game service is all about

#### Home - CEA Card

The Card enables a disabled cinema guest to receive a complimentary ticket for someone to go with them when they visit a participating cinemas

#### Children and Family Centre - Independent Options (North West)

### After School Club

There's always lots to do at our After School Clubs, with a mix of games, toys and crafts, and the outdoor play area with plenty of bikes and play equipment to be discovered.

#### Weekend Boredom Busters

Our Saturday groups are a mix of fun play times with bikes, games, and outdoor toys, as well as arts, crafts, and sensory activities.

#### Sing and Sign (0 to 4 years)

Encourage your child to communicate through sign language and encourage speech development by signing and singing along to some of our favourite songs.

#### **Parents Coffee Mornings**

A chance to relax and meet other parents, share experiences, problems and ideas. Become a part of a support network of local parents and carers. Local professionals attend regularly to offer help and advice.

#### Sensory and Messy Play (0 to 4 years)

This group is all about exploring our senses with sensory toys to explore, as well as messy play with a variety of crafts, water play, and much more available.

## School Holiday Clubs (various times and days)

Throughout the school holidays we make sure there are lots of fun and exciting activities taking place for you and your child. We have timetables available for more information, so please get in touch if you are interested in our holiday clubs.

# <u>Events Archives - Cheeky Cherubs Community Learning Centre (cheekycherubsurmston.org)</u> funtastic fridays 002 .pdf (openobjects.com)

The youth club runs every Friday between 5-7pm for children/adults who have additional needs and siblings are also welcome.

## **Autism Friendly Sessions | Inflata Nation**

These sessions are designed specifically for those people on the autistic spectrum & their families to enjoy

#### What We Offer | Jump Space, Stockport

### **Rebound Therapy**

Rebound Therapy is an intensive 1:1 technique for people with moderate-to-severe disabilities, and comprises the therapeutic use of trampolines to encourage movement, exercise and recreation.

#### **Trampolining**

Trampolining is an aerial acrobatic sport, which begins with basic jumping skills and works all the way up to multiple twisting multiple somersaults.

#### Sensory Play

Jump Space has accessible play and sensory areas that can cater for all ages and abilities

### KIDS Manchester Well-being Group - Posts | Facebook

We're a weekly wellbeing group, held on Monday evenings 6 - 8pm during term time. The group is open to young people with disabilities or special educational needs aged 13-25 years old.

#### Manchester United Foundation - Disability and Inclusion (mufoundation.org)

<u>Ability Counts</u> is our PAN-disability football programme for players with disabilities aged 5-25 and their friends and family, held every Friday evening at The Cliff Training Ground.

<u>Powerchair Football</u> team works in partnership with Sale United FC and helps to promote football opportunities for wheelchair users.

<u>Rooney's Inclusive Reds</u> Manchester United Foundation has joined forces with the Wayne Rooney Foundation to deliver Rooney's Inclusive Reds - an inclusion programme for young people of all abilities

#### Healthy People | City in the Community (mancity.com)

One City Disability provides opportunity for participants to take part in free football and sporting provision relevant to their specific disability all year round

### Merlin's Magic Wand - a worldwide charity for children (merlinsmagicwand.org)

Merlin's Magic Wand is an international children's charity who provide magical experiences for children who need it most.

<u>Magical Days Out</u> A single gifted day out for children and their family to enjoy at one of the Merlin Attractions. Free tickets, travel grants and a simple application process.

#### Magic On Tour

Where children are unable to attend one of the Merlin Attractions, we take the magic of Merlin to them in person and now, online.

#### Peaceful Play Sessions | Autism Friendly | Oxygen Freejumping

Autism / disability friendly sessions at various times.

### Stay and Play - The Seashell Trust

Stay and Play is our free weekly drop in group for babies and preschool children with complex or additional needs.

#### karate classes.pdf (openobjects.com)

Karate for SEND children ages 6 and up

#### **Strictly Wheelchair Dancing**

Strictly Wheelchair Dancing is a wheelchair dance group of all ages and abilities based in Manchester. Our motto is "You can do it"! Anyone is welcome no matter what their ability or their disability.

### I AM EVENTS - I AM (i-am-autism.org.uk)

Activities for children / young people with Autism

### SHINE POSTER.pdf

SHINE YOUTH GROUP The SHINE group runs every Wednesday. Offering young disabled people the chance to make new friends, learn new skills and transition to adulthood A group for young disabled people aged 14+ Wednesday's 6.30pm - 8.30pm

Bank Farm Riding School <a href="https://bankfarmridingschool.co.uk/">https://bankfarmridingschool.co.uk/</a> SEND riding for the disabled

Leisure & Activities | Stockport Information and Childcare Directory (fsd.org.uk)

<u>www.leisureforautism.org</u> Leisure for Autism is delivering group based day trips for children with Autism and need a high level of support. Leisure for Autism will be supporting children in a variety of day trips during school holidays also on some Saturdays through the year. including activities such as swimming, soft play, multi-sensory activity centres, visits to parks, the Zoo and the beach.